

ZOOM MEETING

Thursday, 10th December 2020

5:00 pm – 6:30 pm



Hi all and welcome to the agenda for next virtual meeting. We had a full house and a great session last time on the subject of “Eat, Sleep, Laugh”. We learned how to look after ourselves better through eating well and at the right times, were given great tips on how to get a good night’s sleep and how laughter is the best medicine. Now that we are all eating and sleeping better and laughing more, we look forward to a review of how 2020 plans have gone, how we have all had to change the way we look at both our personal and professional careers, the challenges of following your dreams and making a change in 2020 and how we can look forward to a New Year and a New You with some coaching advice and guidance. I’m sure it will be another interesting and enjoyable 90 minutes. The speakers are sure to provide plenty of scope for discussion and debate – so don’t delay in getting in touch to confirm your place. I hope to see you on screen on the 10th. Please register your interest via email to me at patricia@the-net-work-meetings.com The link to the meeting will be sent to those registered nearer the date. Also, please let us know if you have any suggestions for interesting topics.

“Best Laid Plans.... New Year... New You”



Karen Stanford
Head of Operations
Flood Re

Karen has been attending TWIN meetings since 2013. She has a seat on TWIN’s Advisory Board representing our sponsors, Flood Re. Karen helps organisations define business transformation and operational improvement strategy within appropriate governance mechanisms. Able to develop pragmatic solutions to business problems, able quickly understand the business environment, determine appropriate outcomes, and help deliver results. Karen had personal and professional plans like us all for 2020 which have had to shift around as result of the current environment in which we live and is keen to demonstrate what can be achieved under adverse circumstances with the help of the panel.



Kay White
Smart Career Moves Mentor for
Corporate Career Women

Kay is a bestselling author: The A to Z of Being Understood and It’s Always YOUR Move. She is a regular speaker on motivating and inspiring women to step up at work and stop holding themselves - or allowing themselves to be held – back

Kay has spoken twice at TWIN meetings. “Communicate and Influence with Confidence, Style and Ease” (2014) and “Your value at work: Boost your personal brand and earning power with influential language” (2016)

Whatever Kay has to share with us this time will, no doubt be very useful and inspiring going into a new year to help develop a new you.



Sara Ager
CEO
GreenKite Associates

Sara has worked within the financial industry since 2001. She is an experienced ‘hands on’ executive with a warm and open personality. Operating at Partner, Executive and Board level with a proven capability, having nurtured, developed, and run functions within a number of businesses.

Sara set up a consultancy business in late 2019 and will talk around the plans for the business she had in 2020, the disruption that COVID-19 brought to her business, how she has managed the challenge of starting a new business in a global pandemic and her hopes and aspirations for the business in 2021.



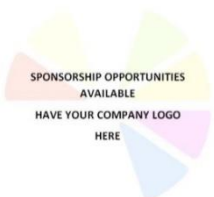
Monique Alder
CEO
Volante Global

Monique is a qualified accountant with an MBA and has over 30 years’ experience in the insurance industry, having held senior positions in finance, technology, operations, risk, and regulation.

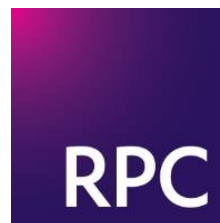
Prior to joining Volante, she was a Solution Owner within the Future at Lloyd’s programme, and prior to that Director of Operations for Brit Insurance.

Monique will explore her time working on the Future of Lloyd’s, the challenge of the Future of Lloyd’s programme within a global pandemic, her experience of moving to senior role as part of lockdown and the opportunities that the current environment brings for businesses.

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